

The Alliance's Nutrition Support Programme

Menu check service

Central to your commitment to provide healthy, balanced, and nutritious food to young children, is the quality of your menu.

Only by having a complete understanding of their dietary needs, the balance of protein, carbohydrate, fats, vitamins, and minerals required for developing bodies, can you be confident you are meeting your statutory responsibilities.

The Early Years Alliance's team of expert, registered nutritionists and dietitians can advise on how to construct healthy menus across individual snacks and meals, days, weeks and seasons. They can also help construct menus to meet an individual child's requirements.

The 3 hour Review and Recommend service will assess your menu in its entirety and provide recommendations which, if implemented, will certify your menu for promotion on your publicity materials. In cases where more work is required, due to the number and content of menus you operate, further time can be arranged at an additional cost.

The Review and Recommend service costs £150.

For more information about our menu check service or for any other nutrition questions you may have please contact

development@eyalliance.org.uk