



## Somerset Early Help Advisory Service



### **FREE TRAINING FOR EARLY YEARS PROVIDERS:** Developing a better understanding of Trauma Informed Practice in the early years

Join us for an interactive session that will help you support the identification of Mental Health in 0-5 year old infants and children. We will develop knowledge around trauma co-regulation, deregulation and identify good practice for Early Years practitioners to draw on.

Please use the links below to book your place:

Thursday 21 & 28 November, 10.30am - 12pm - [Book here](#)

Monday 2 & 9 December, 6.30pm - 8pm - [Book here](#)

If you have any queries, or would like to discuss in-person training, please email [\*\*earlyhelpsomerset@eyalliance.org.uk\*\*](mailto:earlyhelpsomerset@eyalliance.org.uk) or call **01392 304 484** or **01393 304 573**.